



EXPLANATION OF CLIENT'S RIGHTS & RESPONSIBILITIES

You Have the Right:

1. To be treated with dignity, respect, and consideration.
2. Not to be discriminated against based on race, color, creed, sex, national origin, religion, sexual orientation, age, disability, marital status, diagnosis, or source of payment.
3. To receive treatment that:
 - a. Supports and respects your individuality, choices, strengths, and abilities.
 - b. Supports your personal liberty and only restricts your personal liberty in accordance with a court order; with your general consent; or as otherwise permitted.
 - c. Is provided in the least restrictive environment that meets your treatment needs.
4. Not to be prevented or impeded from exercising your civil rights unless you have been adjudicated incompetent or a court of competent jurisdiction has found that you are unable to exercise a specific right or category of rights.
5. To submit grievances to agency staff members and complaints to outside entities and other individuals without constraint or retaliation.
6. To have grievances considered in a fair, timely, and impartial manner.
7. To seek, speak to, and be assisted by legal counsel of your choice, at your expense.
8. To receive assistance from a family member, designated representative, or other individual in understanding, protecting, or exercising your rights.
9. If enrolled by the Arizona Department of Health Services or a regional behavioral health authority as an individual who is seriously mentally ill, to receive assistance from human rights advocates provided by the ADHS or the Department's designee in understanding, protecting, or exercising your rights.
10. To have your information and records kept confidential and released only as permitted under Arizona Administrative Code (AAC) R9-20-211(A)(3) and (B).
11. To privacy in treatment, including the right not to be fingerprinted, photographed, or recorded without general consent, except:
 - a. For photographing for identification and administrative purposes, as provided by Arizona Revised Statutes (ARS) § 36-507(2).
 - b. If receiving treatment, in accordance with ARS Title 36, Chapter 37.
 - c. For video recordings used for security purposes that are maintained only on a temporary basis.
 - d. As provided in AAC R9-20-602(A)(5).
12. To review, upon written request, your own records during the agency's hours of operation or at a time agreed upon by the clinical director, except as described in AAC R9-20-211(A)(6).
13. To review the following at the agency or at the ADHS:
 - a. The report of the most recent inspection of the premises conducted by the ADHS.
 - b. A plan of correction in effect as required by the ADHS.
 - c. If a report of inspection by a nationally recognized accreditation agency was submitted in lieu of an inspection conducted by the ADHS, the most recent report of inspection conducted by the nationally recognized accreditation agency.
 - d. If a report of inspection by a nationally recognized accreditation agency was submitted in lieu of an inspection conducted by the ADHS, a plan of correction in effect as required by the nationally recognized accreditation agency.
14. To be informed of all fees that you are required to pay and of the agency's refund policies and procedures before receiving a behavioral health service, except for a behavioral health service provided in a crisis situation.
15. To receive a verbal explanation of your condition and a proposed treatment, including the intended outcome, the nature of the proposed treatment, procedures involved in the proposed treatment, risks or side effects from the proposed treatment, and alternatives to the proposed treatment.
16. To be offered or referred for the treatment specified in your treatment plan.
17. To receive a referral to another agency if the agency is unable to provide a behavioral health service that you request or that is indicated in your treatment plan.
18. To give general consent and, if applicable, informed consent to treatment, refuse treatment or withdraw general

or informed consent to treatment, unless the treatment is ordered by a court in accordance with ARS Title 36, Chapter 5; is necessary to save your life or physical health; or is provided in accordance with ARS § 36- 512.

19. To be free from:
 - a. Abuse
 - b. Neglect
 - c. Exploitation
 - d. Coercion
 - e. Manipulation
 - f. Retaliation for submitting a complaint to the ADHS or another entity.
 - g. Discharge or transfer, or threat of discharge or transfer, for reasons unrelated to your treatment needs, except as established in a fee agreement signed by you or your parent, guardian, custodian, or agent.
 - h. Treatment that involves the denial of:
 - i. Food.
 - ii. The opportunity to sleep.
 - iii. The opportunity to use the toilet.
 - iv. Restraint or seclusion, of any form, used as a means of coercion, discipline, convenience, or retaliation.
20. To participate or, if applicable, to have your parent, guardian, custodian or agent participate in treatment decisions and in the development and periodic review and revision of your written treatment plan.
21. To control your own finances except as provided by ARS §36-507(5).
22. To participate or refuse to participate in religious activities.
23. To refuse to perform labor for an agency, except for housekeeping activities and activities to maintain health and personal hygiene.
24. To be compensated according to state and federal law for labor that primarily benefits the agency and that is not part of your treatment plan.
25. To participate or refuse to participate in research or experimental treatment.
26. To give informed consent in writing, refuse to give informed consent, or withdraw informed consent to participate in research or in treatment that is not a professionally recognized treatment.
27. To refuse to acknowledge gratitude to the agency through written statements, other media, or speaking engagements at public gatherings.
28. To receive behavioral health services in a smoke-free facility, although smoking may be permitted outside the facility.

Persons with developmental disabilities have the same rights as other US citizens including the right to:

1. Be treated with dignity and respect.
2. Expect that the personnel caring for him/her will be current in skills and knowledge of their field of employment.
3. Be served without regard to race, color, creed, sex, national origin, religion, sexual orientation, age, disability, marital status, diagnosis, or source of payment.
4. Be protected from physical, psychological, verbal, or sexual abuse.
5. Access to public education.
6. Have equal employment opportunities and compensation.
7. Participate in placement evaluations.
8. Have an Individual Support Plan (ISP).
9. Access ISP notes and to participate in ISP and placement decisions.
10. Own, sell, or lease property; marry; petition.
11. Be presumed legally competent.
12. Live in a humane, clean environment; communicate; have visits; have personal property; and live in the least restrictive environment.
13. Withdraw from service.
14. Be informed of rights upon admission to service.

Under the Americans with Disabilities Act ("ADA"), the Young Mind Center must make a reasonable accommodation to allow a person with a disability to take part in a program, service, or activity. Pursuant to the ADA, a disability is defined

as a physical or mental impairment that substantially limits a major life activity. For example, this means that if necessary the Young Mind Center must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that the Young Mind Center will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. Please contact the Young Mind Center at (602) 237-6653.

You Have the Responsibility:

- To be honest about matters that relate to you as a patient.
- To make an effort to understand your health-care needs and ask your physician or other member of the healthcare team for information relating to your treatment.
- To provide staff with accurate and complete information about present complaints, past illnesses, hospitalizations, medications and other matters pertaining to your health.
- To report any unexpected changes in your condition or symptoms.
- To follow the care, service or treatment plan developed and report any perceived risks in your care.
- To understand the consequences of the treatment alternatives and not following your plan of care.
- To be considerate and respectful of the rights of both fellow patients and staff.
- To honor the confidentiality and privacy of other patients.
- To follow the facility rules and regulations concerning patient care and conduct.
- To comply with our smoke-free environment policy.
- To be considerate of the facilities and property therein.
- To assure that the financial obligations of your healthcare are fulfilled as promptly as possible.
- To notify the ADHS Department of Consumer Relations if you feel your rights are being violated.